

Important Phone Numbers

TOTAL JOINT REPLACEMENT CLASS CALL 410-427-2279 TO REGISTER

To guide and assist you through your surgical experience, the orthopaedic team at UM St. Joseph provides a total joint replacement class. The purpose of the program is to present to you and your family an in-depth explanation of all aspects of your surgery, hospital stay, and recuperation period.

We encourage you and your family members to attend one of these classes to prepare you for your upcoming joint replacement surgery. The class is offered in the 6th floor classroom at UM St. Joseph every Wednesday from 1–3:30 p.m. and every third Wednesday from 6–8:30 p.m. Class lasts approximately two hours depending on how many questions participants have. A tour of the Orthopaedic Unit is included if interested. We focus on what to expect daily in the hospital, how we manage your pain and cover everything from pre-op through discharge.

TOWSON ORTHOPAEDIC ASSOCIATES - 410-337-7900

PRE-OPERATIVE PRIMARY CARE CONSULT 410-337-1337

You must have a pre-operative consult prior to being operated upon. You may use your existing primary care provider or schedule an appointment with one of our conveniently located primary care doctors.

UM ST. JOSEPH ORTHOPAEDIC INSTITUTE 410-337-1410

DISCHARGE PLANNER – 410-337-1550

The discharge planning team will coordinate your transfer to a post-acute care facility (skilled nursing facility) or back home.

PHYSICAL THERAPY/REHAB – VISIT WWW.UMMS.ORG/REHABNETWORK

Patients will receive in-house physical therapy/rehab while you are a patient at UM SJMC. Upon discharge, we recommend one of our many outpatient physical therapy/rehab facilities at a location near you:

UM Rehabilitation & Orthopaedic Institute 2200 Kernan Drive

Baltimore, MD 21207
410-448- 6706 – Orthopedics and SCI

UM St. Joseph Medical Center

7601 Osler Drive
Towson, MD 21204
Phone: 410-337-1336, press 2

Towson Sports Medicine

8322 Bellona Avenue
Towson, MD 21204
Phone: 410-337-8847